

## ABSTRACT OF THE DISCLOSURE

- A method for producing an intermediate product made of a fiber-reinforced composite composed of a reinforcing fiber impregnated with a thermosetting resin or a thermoplastic resin, comprising: (a) the first process
- 5 where a plurality of sheets made of the fiber-reinforced composite are laminated to each other, heated under a pressure, and cooled under a pressure to provide a flat plate-shaped laminate; (b) the second process where the flat plate-shaped laminate is cut into a plate; and (c) the third process where the plate is softened by heating, placed on a forming tool, and formed by cooling under a pressure.